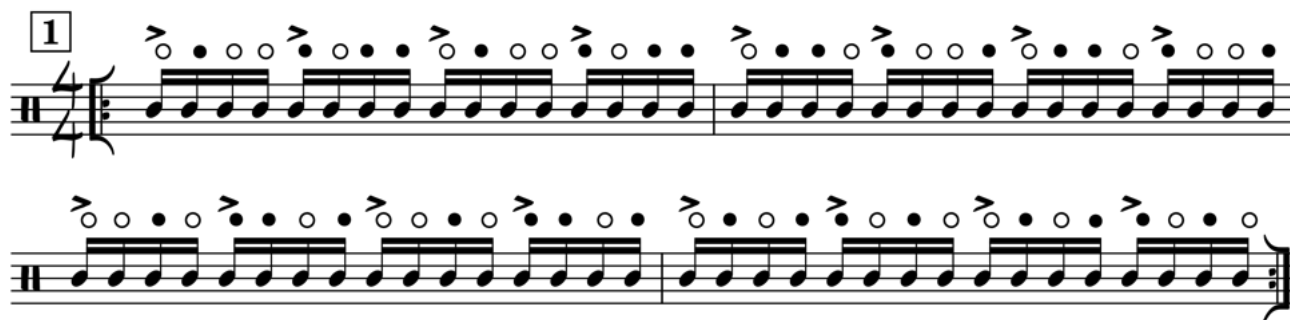
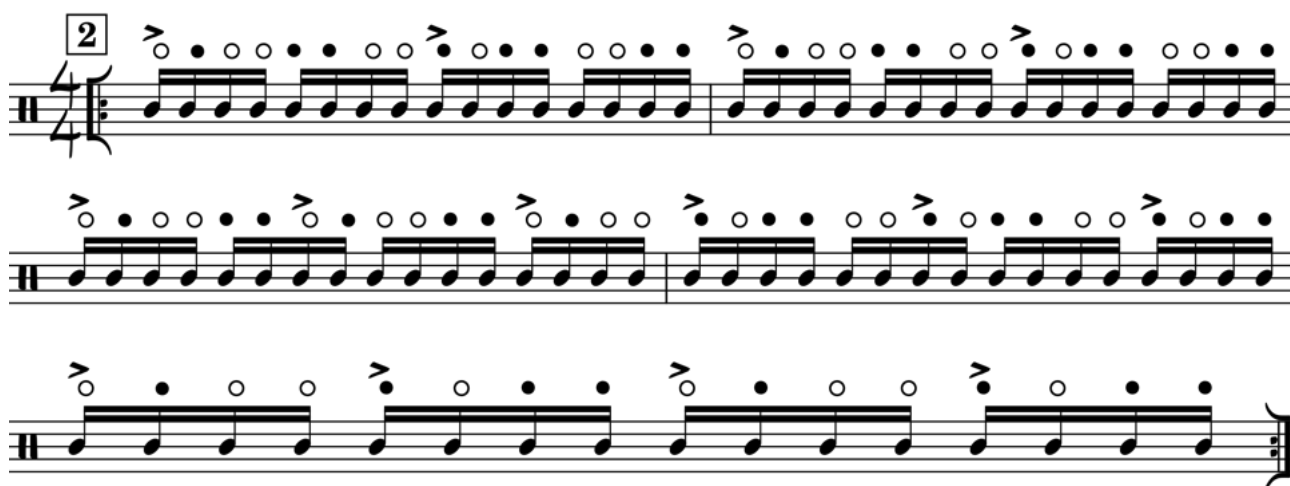


HEATS TRAINER ONLINE

→ DIDIER OTTAVIANI



↳ J = 60, 80, 140 bpm



↳ J = 80, 110, 140, 190 bpm



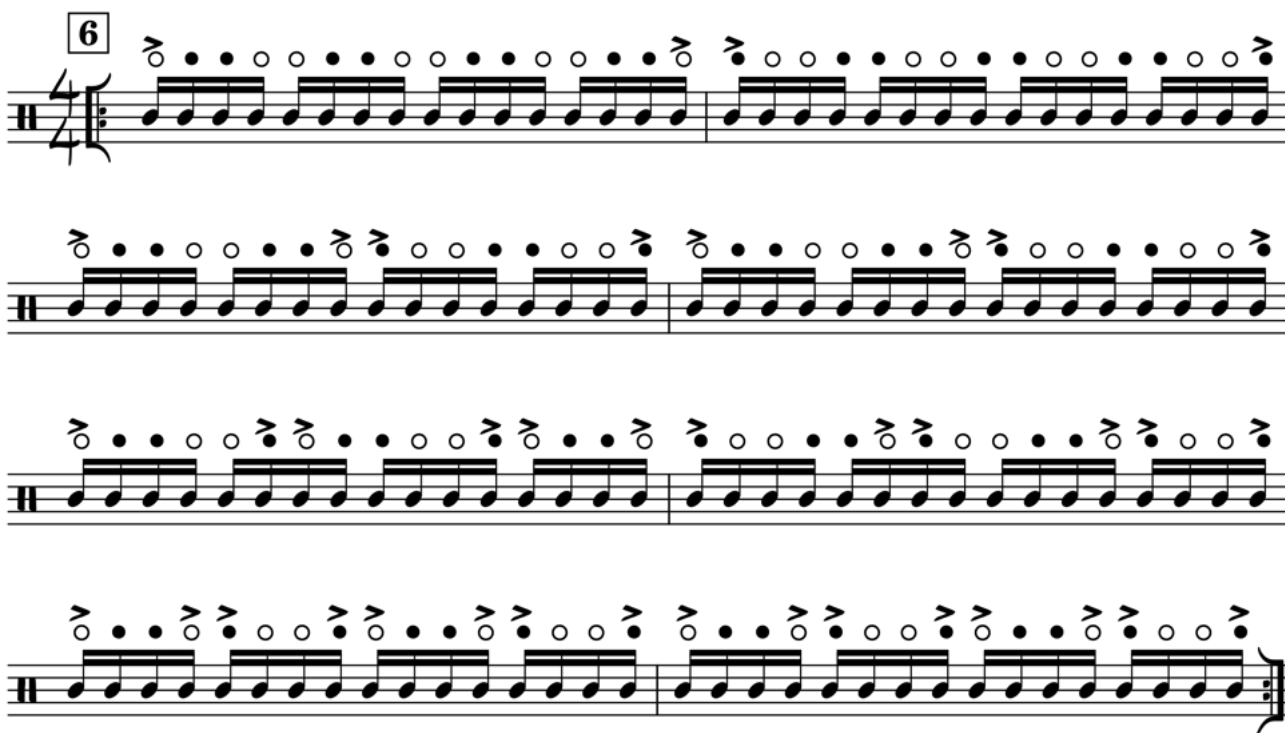
↳ J . = 70, 90, 104 bpm



↳ ♩ = 72, 94, 112, 128 bpm



↳ ♩ = 74, 90 bpm



↳ ♩ = 84, 100, 160 bpm



7

↳ ♩ = 78, 120, 160 bpm

8 single drag détaillé

8bis single drag non détaillé

↳ ♩ = 120 (détaille et non détaillé), 150, 190, 220 bpm





↳ ♩ = 100, 120, 190 bpm



↳ ♩ = 120, 160, 200 bpm

